

# Proclamation Declaring May as Mental Health Awareness Month Llano County

**WHEREAS**, nearly one in five adults and one in five adolescents in the United States live with a mental illness which impacts a person's emotional, social, environmental, financial and overall well-being, with significant disparities among racially and ethnically diverse communities; and

**WHEREAS**, suicide is now the second leading cause of death for 15-to-24-year-olds, with teenagers experiencing a 17.3% increase in the use of anxiety medications since 2010; and

**WHEREAS**, one third of the United States population lives in a county designated as a mental health professional shortage area; and

**WHEREAS**, 36.8% of adults in Texas reported symptoms of anxiety and/or depressive disorder, compared to 32.3% of adults in the U.S.; and

**WHEREAS**, 398 individuals in Llano County sought services from Hill Country MHDD Centers in FY 2023; and

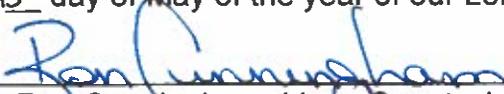
**WHEREAS**, creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma surrounding mental health and mental illness; and

**WHEREAS**, each business, school, government agency, health care provider, organization, and citizen share the burden of mental health challenges and has a responsibility to promote mental wellness and support prevention efforts; and

**WHEREAS**, the Llano County Commissioners Court wishes to enhance public awareness of mental health and diminish the associated stigma;

**NOW, THEREFORE**, be it proclaimed that the Llano County Commissioners Court, acting in its capacity as the governing body of Llano County, hereby recognizes May 2024 as Mental Health Awareness Month in Llano County and calls upon the community to increase awareness and understanding of mental illnesses, reduce stigma and discrimination, and promote appropriate and accessible services for all people with mental health conditions.

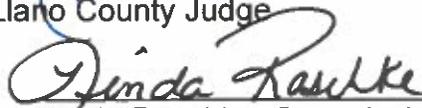
**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the Seal of the Texas to be affixed this 13<sup>th</sup> day of May of the year of our Lord two thousand twenty-four.



Ron Cunningham, Llano County Judge



Peter Jones, Commissioner-Pct 1



Linda Raschke, Commissioner Pct 2



Mike Sandoval, Commissioner Pct 3



Jerry Don Moss, Commissioner Pct 4



Cecilia McClintock, Interim Llano County Clerk